



United States Department of the Interior



BUREAU OF LAND MANAGEMENT
Alaska Fire Service
P.O. Box 35005
Fort Wainwright, Alaska 99703
<http://www.blm.gov/alaska>

In Reply Refer To:
2019 EFF/AD Firefighter Examinations

Dear Alaska EFF/AD Wildland Firefighter,

In order to comply with DOI medical standards for Wildland Firefighters in 2019 you will need to complete a medical examination administered by Comprehensive Health Services (CHS). You must complete the exam and be medically cleared prior to participating in the Work Capacity Test (Pack Test) and to be qualified as a wildland firefighter in 2019.

All DOI EFF/AD wildland firefighters performing arduous duties need to undergo physical exams once every three years and a self-assessment during the two years in between. The goal is to identify any medical conditions that may be aggravated by the pack test or the physically demanding job of wildland firefighting.

Please review and follow the **Medical Exam Instructions** that are attached with this letter. The Instructions and all other associated forms can also be viewed and downloaded at: <https://afs.ak.blm.gov/eff.php> including:

- Medical Exam Instructions
- Exam Request Forms (Each fire crew region has its own form)
- Medical History Questionnaire
- HIPAA Notice of Privacy Practice Form
- HIPAA Authorization Form
- List of Common Non-Qualifying Conditions
- Diabetes Worksheet
- Seizure Worksheet

You must complete and sign the **Medical Exam Request Form** indicating the village or location and date where you wish to schedule an exam. There is a separate form for each fire crew region. Use the form that corresponds to the region your crew is located or the location where you plan to attend the exam. The completed form must be faxed to Alaska Fire Service (907) 356-5609 **at least one week before the exam date.** Please call (833)-532-8810 after you send the fax to ensure your form has been received. Please make sure that the information you are providing is complete and accurate so that you can be contacted by CHS and AFS regarding the time of your exam, any changes to the schedule and the final determination.

There is no cost to you for the physical examination however, if you choose to travel to a location other than your local village the cost of any associated travel will not be covered by the BLM. You may apply for any location offered as long as your application is received before the deadlines listed on the form.

Questions in regards to the exam may be directed to **CHS at 1-800-638-8083** (8 AM – 5:30 PM EST or 4 AM – 1:30 PM AST). Ask for Wildland Firefighter Program. **Email:** wfff@chsmedical.com.

You may also contact the AFS EFF Program at (833) 532-8810. Select the option to connect you with the zone associated with your location/village. **Email:** AFS_EFF@blm.gov

Cordially,
BLM Alaska Fire Service
Emergency Firefighter Program