



AFS- EXAMINEE INSTRUCTIONS

Scheduling your Exam: Your FMO will provide you with the available exam options: including on-site (village) exams or clinic exams.

- On-site (village) exams will be conducted at most villages on one or possibly two dates between now and March 2019.
- Clinic exams will be scheduled by appointment at your preferred location.

Once you have selected EITHER the date/location of your on-site exam OR your preferred clinic, your FMO will inform CHS who will then process the exam request. If you have provided up-to-date contact information you will receive confirmation via text, email and a voice call regarding the Date and Location of your appointment.

Preparation for your Exam: You will be provided a Pre-Exam Packet by your FMO that will need to be completed prior to attending your appointment and brought with you to your exam. This packet will consist of:

- Examinee Instructions
- List of Common Non-Qualifying Conditions
- Medical History Questionnaire- *Should you answer "Yes" to any questions please provide as much detail as possible to assist our providers in completing the qualification process.*
- Notice of Privacy Practices
- Medical Release of Information

Common Non-Qualifying Conditions: To expedite your process we have provided you with a list of Common Non-Qualifying conditions and what additional documentation our provider will need from you in order to be able to qualify you. Please ensure you bring copies of all suggested documentation with you to your appointment to avoid delays in your process.

Exam Day: The WLFF Baseline Exam consists of the following Exam Components:

- Medical History Review
- Vitals (Height, Weight, Pulse, Blood Pressure)
- Vision Screening (Near, Distant, Color and Peripheral)
** Corrected and Non-Corrected Vision Required**
- PPD Questionnaire/Application



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- EKG
- Pulmonary Function Test
- Audiogram
- Urine Dip
- Blood Draw (Chem Panel, Lipids and CBC)

Additional Instructions:

- Bring valid government I.D.
- Bring completed Medical Questionnaire to appointment. To avoid delays in processing please provide as much detail as possible.
- Be sure to bring a copy of recent medical records for any prior or current medical conditions to assist in expediting the review process.
- Do not miss scheduled appointment. Given the remote locations a missed appointment may result in a significant delay in your processing.
- If you wear corrective lenses (glasses or contacts) please ensure you bring them with you. You will be required to test both with and without your corrective lenses.
- Bring a list of ALL medications and reasons for taking each.
- Avoid loud music and noise for 15 hours prior to exam.

Review/Determination: Once you have completed your exam and CHS has reviewed and made their determination you will receive a hard copy of your full exam results and Qualification letter from your FMO via confidential envelope.

Contact Information: If you have any questions feel free to contact CHS at

Phone: 1-800-638-8083, ask for the Wildland Firefighter Program.

Email: wfff@chsmmedical.com

- CHS operates out of Florida in the Eastern Time Zone.



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